



## **Personal Coaching** **Ludens Presentation Skills**

### ***What is your objective?***

You have to deliver a presentation for your company or you have to introduce your work in a professional way. You are discontent and irresolute about what to say and how to say it. You have doubts about content, structure and choice of visual aids.

You have little experience with presenting maybe because you have successfully been avoiding public speaking situations.

You would like to know more about your impact on an audience. Is your message getting across? You may want to see yourself presenting on video. In short: you like to get more feedback on your personal presentation style.

You give presentations regularly and the composition of a talk is no problem for you. Nevertheless, you often feel awkward and insecure during delivery. You have the impression that you cannot really grip and convince the audience. Besides, your voice sounds so weird...

You consider an actual invitation for a presentation to be an excellent occasion to check and improve your skills.

### ***What can we offer you?***

You prepare a presentation or have one prepared already. After a full rehearsal of your presentation we give you feedback:

- We analyse with you concepts, objectives, content and structure, and the language you use.
- We talk about the technical aspects, for example the do's and don't's of working with PowerPoint.
- We examine your body language, breathing, voice and speech technique.
- We discuss the strenghts and weaknesses of your way of presenting.

In a subsequent session you try to put our suggestions for improvement into practice.

Or we help you from the start with the concept and composition of your presentation, including visualisation. You practice this presentation and -if you wish- can perfect it with help of video recordings, our feedback and tips to improve the delivery.

### ***What is in it for you?***

In this way you have an optimal preparation for your presentation. It makes the period before an important presentation less stressful.

Simultaneously we give you advice from our extensive practice. For example: How to handle severe nervousness or how to deal with difficult questions from the audience.

If required we can make you a proposal for specific training.

We pay attention to what is most suitable for you personally in giving a presentation. Your own personality should be expressed, be shown to its full extent. It should never be concealed by the formality of a public speaking situation.

In our individual coaching sessions we give you practical advice. We are happy to answer questions you may have regarding your presentations and your way of presenting.

### ***Ludens Seminars & private coaching***

Give us a call or send us an email. We would be pleased to help you.

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